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Fact Sheets	No of copies	Total £
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Reducing the risk of Upper Limb Lymphoedema		
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Coping with Lymphoedema Following a Mastectomy or Lumpectomy Fact Sheet		
Head, Face and Neck Lymphoedema Fact Sheet		
Genital Lymphoedema Fact Sheet		
Preventative Advice for Patients at Risk of Developing Lymphoedema of the Leg(s)		
Swollen Feet & Legs Fact Sheet		
The Use of Compression Garments in Lymphoedema Management		
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Manual Lymphatic Drainage Therapy Fact Sheet		

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Management of Cellulitis in Lymphoedema		
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Holidays & Travel Fact Sheet		
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Psychological and Social Aspects of Lymphoedema		
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Other items	Quantity	Cost (including P&P) £	Total £
Booklets Lymphoedema – Advice on self-management and treatment	£5.00each
Lymphoedema – A Guide for Cancer Patients	£3.00 each
DVD Self-management techniques for arm lymphoedema.	£12.00 each
DVD Self-management techniques for leg lymphoedema.	£12.00 each
Medical Alert Cards	£0.50 each
Alert Bracelets (Hospital Style) For single use only.	£1.00 each or 6 for £5.00
Stress Balls	£3.00 each
Notelets Pack of 5 cartoon notelets with envelopes.	£3.50 per pack
Ribbons Green ribbon with ‘Lymphoedema Matters’ printed in blue.	£1.00 each
Awareness Wristbands Green and blue marbled wristband embossed with ‘Lymphoedema Matters’. Fits average size wrist.	£1.00 each
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Please make cheques payable, in **pounds sterling** only, to the
LYMPHOEDEMA SUPPORT NETWORK
and send to the LSN, St Luke's Crypt, Sydney St., London SW3 6NH

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