

CLSIG

REGISTER OF PAEDIATRIC
CLINICS IN THE UK



**The following information has been put together by members of CLSIG
and will be updated on an annual basis**

1. Highlands

- Lead contact person – Louise Shakespeare
- Clinic address – Lymphoedema Service, Caithness General Hospital, Wick, KW1 4RX
- Clinic tel no – 01955 880251
- Clinic mobile no – 07920 023011
- Clinic email address – High-UHB.highland.lymphoedema@nhs.net
- Treatments available –MLD/SLD, exercise, skincare, kinesio tape, compression garments
- Do you have a support group – No
- Cancer/non- cancer service? - Both
- Referral criteria and funding – Referrals accepted from all HCP
- Days/time of clinic – Monday to Friday 08.30- 16.30 hrs

2. Grampian

- Lead contact person – Gillian Craig
- Clinic address - Chronic Oedema Service, Aberdeen Community Health and Care Village, Green Zone, Frederick St, Aberdeen, AB24 5HY
- Clinic tel no – 01224 655573
- Clinic mobile no – 0777 1978648
- Clinic email address – gilliancraig@nhs.net
- Fax no –N/A
- Treatments available – DLT MLLB, MLD, LLLT, exercise, skincare, kinesio tape, compression garments
- Do you have a support group – No
- Cancer/non- cancer service? - Both
- Referral criteria and funding – Referrals accepted from all HCP
- Days/time of clinic –Monday to Friday 08.30- 17.00 hrs. All children are seen out of school hours during term time and during school holidays if at all possible

3. Tayside

- Lead contact person: Claire Hastie
- Clinic Address – Lymphoedema, Macmillan Day care, Roxburghe House, Royal Victoria Hospital, Dundee
- Clinic Tel No - 01382 423174
- Fax: 01382 423157
- Clinic email -clairehastie@nhs.net
- Treatment Available - MLD/SLD, compression bandaging/hosiery, KT

- Support Group – cancer related at Maggie's Centre
- Cancer/Non- cancer service? – Both
- Referral Criteria and funding - For children, they must be referred by a paediatrician who has performed appropriate investigations/ genetic testing to identify cause. Would accept a GP referral if the child has been through this process already.
- Days/times of clinic – Mon-Fri 08.30-16.30

4. Forth Valley

- Lead contact person: Yolande Borthwick
- Clinic Address – Lymphoedema Clinic, Strathcarron Hospice, Randolph Hill, Denny FK6 5HJ.
- Clinic Tel No - 01324 826222 Fax: - 01324826119
- Clinic email - yolande.borthwick@nhs.net
- Treatment Available - Compression hosiery, compression bandaging, SLD/MLD, Kinesiotaping, Advice on exercise, skin care, self management strategies
- Support Group available – Not specifically for children
- Cancer/Non- cancer service/both – Yes all causes of Lymphoedema.
- Referral Criteria and funding - Children under 16 years old require a diagnosis to be made by paediatrician prior to us assessing the lymphoedema and giving advice. The child should be on a paediatrician's caseload for ongoing medical review as required. Funding is by NHS Forth Valley
- Area covered - Forth Valley

5. Glasgow

- Lead contact person Margaret Rice
- Clinic address Specialist Lymphoedema Service, 70 Commercial Road, Glasgow, G5 0QZ
- Clinic tel no 0141 300 6318
- Clinic mobile no N/A
- Fax no - 0141 300 6344
- Clinic email address margaret.rice@ggc.scot.nhs.uk
- Treatments available –compression bandaging, MLD, kinesio taping, garments
- Do you have a support group No
- Cancer/non- cancer service? No restrictions
- Referral criteria and funding referral from anyone but GP/Consultant must be aware Days/time of clinic – Mon- Fri 08.30-16.30 except public holidays

6. Lothian

- Lead contact person: Fiona Wann/Allan Thomson
- Clinic Address – Lothian Primary Care Lymphoedema Service,

WesterHailes Healthy Living Centre, 30 Harvesters Way Edinburgh,
EH14 3J

- Clinic Tel No - 0131453 9362
- Fax: N/A
- Clinic email: fiona.wann@nhslothian.scot.nhs.uk OR
allan.thomson@nhslothian.scot.nhs.uk
- Treatment Available - Compression Bandaging, compression hosiery, SLD, MLD[short intervention where appropriate], Kinesiotaping, Advice on exercise, skin care/self management strategies.
- Support Group available – No
- Cancer/Non- cancer service/both – Both
- Referral Criteria and funding -The Lothian service is an adult service. However, children under 16 years who are referred from a specialist Lymphoedema service with paediatric expertise and are on a paediatrician's caseload for ongoing medical review and management will be considered. Children must have been assessed, diagnosed and have a treatment plan in place prior to referral.
- Area covered - Lothian

7. Newcastle upon Tyne

- Lead contact person – Kath Clark
- Clinic address- Lymphoedema Clinic. Out patients West , St Oswald's Hospice, Regent Avenue, Gosforth, Newcastle upon Tyne NE3 1EE
- Clinic tel no – 0191 2469050/2850063
- Clinic mobile no –N/A
- Fax no -0191 2469072
- Clinic email address –kathclark@stoswaldsuk.org
- Treatments available -Long term and Intensive treatment - Hosiery, MLD, Coban 2 & Comprilan short-stretch bandaging, Kinesio tape
- Do you have a support group – Not specifically for children
- Cancer/non- cancer service? - All chronic oedema
- Referral criteria and funding – via healthcare professional, paid by appointment by relevant CCG
- Days/time of clinic –Monday to Friday 9am-5pm

8. Northern Ireland

Referral details available at: www.lnni.org

Referrals can also be made from GPs via the CCG electronic system

All clinics provide:

- Treatments available – MLD, Compression Bandaging (Coban 2 and traditional short stretch), skin care advice, kinesiotaping and hosiery

- All trusts provide both adult and paediatric services
- A regional genetic team contact is available and liaises with St Georges, London
- Do you have a support group – No formal paediatric support
- Cancer/non- cancer service? - Both
- Referral criteria and funding – Referrals accepted from all HCPs, must be registered with a NI GP
- Days/time of clinics – Monday to Friday 08.30- 16.30 hrs.

There are 5 Health and Social care Trusts in N. Ireland and each has a service:

Belfast HSC Trust

- Lead contact person – Jill Lorimer/ Gillian McCollum (job-share)
- Clinic Address – Lymphoedema Service, Physiotherapy Dept., Cancer Centre, Belfast City Hospital, Lisburn Road, Belfast, BT9 7AB
- Clinic Tel No – 028 90638418
- Clinic email address – jill.lorimer@belfasttrust.hscni.net/gillian.mccollum@belfasttrust.hscni.net

Northern HSC Trust

- Lead contact person – Elaine Stowe
- Clinic address – Lymphoedema Service, Ballymena Health & Care Centre, Cushendall Road, Ballymena, BT43 6HB
- Clinic tel no – 028 25635202
- Clinic mobile no – 07825554359
- Clinic email address – elaine.stowe@northerntrust.hscni.net

South Eastern HSC Trust

- Lead contact person - Pippa McCabe
- Clinic address - Lymphoedema Service, First Floor Old Psychiatry Building, Lagan valley Hospital, Lisburn, BT26 1JP
- Clinic tel no – 028 92633737
- Clinic email address - pippa.mccabe@setrust.hscni.net

Southern HSC Trust

- Lead contact person - Lynne Whiteside
- Clinic address – Lymphoedema Clinic, Portadown Health and Care Centre, Tavanagh Ave, Portadown, Co.Armagh BT62 3BU

- Referral address - AHP Central Booking Unit, The Ramone Building, Craigavon Area Hospital, 68 Lurgan Road, Portadown, BT63 5QQ
- Clinic tel no – 028 38360443
- Clinic mobile no - 07825840738
- Clinic email address - Lynne.whiteside@southerntrust.hscni.net

Western HSC Trust

- Lead contact person - Jill Hamilton
- Clinic address - Lymphoedema Service, Riverside House, Outpatient Physio Dept, Tyrone County Hospital, Omagh, BT79 QAP
- Clinic tel no – 028 82833134
- Clinic email address - jillr.hamilton@westerntrust.hscni.net

9. Kendal, Cumbria

- Lead contact – Denise Hardy
- Clinic address - Kendal Lymphology Centre, 64 Stramongate, Kendal, Cumbria LA9 4BD
- Clinic tel no – 01539 735111
- Clinic mobile no – 07584 098339
- Fax no - 01539 733225
- Clinic email address – denise.hardy@kendal-lymphology.org.uk
- Web address – www.kendal-lymphology.org.uk
- Treatments available - MLB, Compression garments/wraps, Ktaping, Exercises, MLD and FG-MLD, Electro-stimulation, Low Level Laser, Physio-Touch, IPC, Skin care
- Do you have a support group – Yes
- Cancer/non- cancer service? - All chronic oedema, lipoedema, children
- Referral criteria and funding – See mainly NHS patients referred locally, but also out of area cases with funding. Also see private patients where funding is not available.
- Days/time of clinic – Clinic runs flexibly - generally Mon-Saturday (8 - 6pm) but out of hours appointments available on request. Closed bank holidays

10. Leeds

- Lead contact: Jacqueline Banks
- Clinic Address: Lymphoedema Dept, Wharfedale Hospital, Newall Carr Road, Otley, Leeds, West Yorkshire, LS21 2LY
- Clinic Tel No: 0113 3921807/3921808
- Clinic Mobile No: None
- Fax No: 0113 3921806
- Clinic Email Address: Jacqueline.banks3@leeds.nhs.uk

- Treatments available: Skin care, Exercise, SLD, MLD, MLLB, Coban 3M, Compression Garments
- Children's Support Group: No
- Cancer and non cancer – Yes
- Referral criteria: Referrals accepted from Leeds Area, out of area must have CCG funding agreed.
- Funding: Out of area must have CCG funding agreed.
- Days/clinic times: Monthly at Wharfedale both in & out of school holidays. Four clinics a year at Leeds General Infirmary within the Children's Out-patient Dept

11. Preston

- Lead contact: Debbie Murphy
- Clinic Address: St Catherines Hospice, Lostock Hall Lane, Lostock Hall, Preston, PR5 5XU
- Clinic Mobile : N/A
- Clinic Tel No: 01772 629171
- Fax No: 01772 696399
- Clinic Email Address: Lymphoedema@stcatherines.co.uk
- Treatments available: Compression hosiery, MLD, 3M Coban bandaging , Kinesio tape, Laser is available with consultant approval, Oscillation, Exercise advice
- No Support Group currently. Lymph4kidz.com
- Cancer and non cancer : Yes
- Referral criteria:
- Funding: NHS - All children require funding sought by their GP
- Days/clinic times: There is a designated paediatric lymphoedema clinic held within the paediatric out patient's department (Monday – Friday 08.30-17.00)

Children's Lymphoedema service is based in a dedicated children's clinic, which provides youngsters with a relaxing child friendly environment at Broadoaks Child Development Centre in Leyland Lancashire. The service is available 5 days a week however the children's clinics are held during the school holidays

12. Mansfield (Specialist Centre)

- Lead contact person - Emma Blount
- Clinic address -Lymphoedema Clinic 10, Kings Treatment Centre, Mansfield Road, Sutton in Ashfield, Nottinghamshire, NG17 4JL
- Clinic tel no - 01623 672416
- Fax no -01623 676079
- Clinic email address – emma.blount@nhs.net
- Treatments available – DLT, Routine follow ups
- Do you have a support group -not at present but intention is to start one
- Cancer/non- cancer service? – Yes

- Referral criteria and funding – GP referrals, inpatient referrals and referrals
- from other specialities
- Days/time of clinic – Mon 08.00-17.00, Tues 08.00-17.00, Wed 08.00-1800.
- 2 x Consultant clinics 8.00 – 18.00 Thursday 08.00 - 17.00, Friday 08.00 - 17.00

13. Derby (RDH, Specialist Centre)

- Lead contact; Clare Nawo, CNS/Team Lead
- Clinic Address; Lymphoedema Clinic, Royal Derby Hospital, Level one, Main Hospital, Uttoxeter Road, Derby DE22 3NE
- Phone; 01332 786378
- Fax No; 01332787591
- E-Mail; dhft.QMClymp@nhs.net
- Treatments available; MLLB,MLD,IPC,Kinesio taping, Skin care and exercise advice.. Links with, Orthotics, Dietician, Physio,, Tai Chi classes Dermatologist, Vascular Department, Bariatric surgeons. All other departments within a large foundation trust hospital.
- Support group; No
- Service - we see all chronic oedemas, both primary and secondary.
- Referral criteria; We accept referrals from GP's or hospital consultants from Trent region. Also, 'out of area' from GP'S with no local service. Paediatric referrals are same criteria but when an adult they can move to their local service. GP. funded. Referrals are to Dr. Vaughan Keeley, Level 3, M and G Block, Royal Derby Hospital, Uttoxeter Road, Derby, DE22 3NE.
- Clinic times; Monday to Friday 8.30-5.30.pm.

14. Nottingham (Specialist Centre)

- Lead contact person - Anna Rich
- Clinic address- Nottingham lymphoedema clinic, b floor, west block. Queens medical centre, Nottingham, NG7 2UH
- Clinic Tel no - 0115 9249924 ext 63266
- Fax No -0115 8754585
- Clinic email address - anna.rich@nuh.nhs.uk / dhft.QMClymph@nhs.net
- Treatments available - DLT & maintenance, MLLB, MLD, Kinesio
- Do you have a support group- Yes
- Cancer/non- cancer service - Yes
- Referral criteria and funding - Any type of chronic oedema / lymphoedema referral accepted. Gp / specialist referral
- Days/time of clinic - Therapist clinic mon-fri 7.30 am - 16.30 pm. Consultant clinics held weekly on a Tuesday

15. Stoke-on-Trent

- Lead contact person – Rebecca Elwell
- Clinic address- Lymphoedema Clinic., Cancer Centre , Royal Stoke University Hospital, University Hospitals of North Midlands, Newcastle Road, Stoke-on-Trent, ST4 6QG
- Clinic tel no – 01782 676688
- Fax no -0843 636 5179
- Clinic mobile no – N/A
- Clinic email address – lymphoedemaclinic@uhns.nhs.uk
- Treatments available – DLT (MLLB, MLD, SPC, Hivamat, LLLT) exercise, skincare, kinesio tape, compression hosiery
- Do you have a support group – Yes but not specifically for children, we use lymph4kidz.com
- Cancer/non- cancer service? - Both
- Referral criteria and funding – Referrals accepted from any HCP to hospital, NHS
- Days/time of clinic –Monday to Friday 09:00 - 16.30hrs. All children are seen out of school hours during term time and during school holidays if at all possible

There is a designated paediatric lymphoedema clinic held within the paediatric out patient's department at University Hospitals of North Midlands during each and every school holiday. If patients are required to attend more frequently or are away during holiday alternative clinic slots can be rearranged.

16. Lichfield, Staffordshire

- Lead contact person - Helen Young
- Clinic address - Lymphoedema Clinic, St Giles Hospice, Fisherwick Rd, Whittington, Staffordshire, WS14 9LH
- Clinic tel no - 01543-434513
- Clinic mobile no – N/A
- Clinic email address - helen.young@stgileshospice.com
- Fax no - 01543-433346
- Treatments available -Hosiery, MLD, Coban 2 & Comprilan short-stretch bandaging, Kinesio tape
- Do you have a support group - Children's website lymph4kidz.com
- Cancer/non- cancer service? -All chronic oedema
- Referral criteria and funding - Via HCP. If out of area, St Giles approach relevant CCG
- Days/time of clinic - Mon-Fri 08.00-16.30hrs. Dedicated children's Clinics also held during school holidays

17. Wales

- Lead contact person – Elizabeth Coveney National Paediatric Lymphoedema Lead in Wales

- Contact address: Lymphoedema Network Wales, Cimla Health and Social Care Centre, Cimla, Neath, SA11 3SU
- Contact Tel No 01639 862767
- Clinic mobile no - N/A
- Contact email <Lymphoedema.Network.Wales@wales.nhs.uk>
- Treatments available - Full Assessment, Follow-up, Intensive Treatment, LVA, Scanning ICG
- Do you have a support group -Currently an adult support group but not a paediatric one
- Cancer/non- cancer service? -Lymphoedema from all causes are treated
- Referral criteria and funding – This is an All Wales Service, seeing children and young people from 0-25 years who have lymphoedema from any cause and who live in Wales, in their own health board. Referrals accepted from any Healthcare Professional. Contact by email for a referral form or refer by letter with complete medical details.
- Days/time of clinic - Mon-Thurs 8.00 am-4.30 pm Fri 8-1.30 pm

18. Cambridge

- Lead Contact - Tracy Hancock
- Clinic Address - Lymphoedema Clinic, Arthur Rank House, Cherry Hinton Road, Shelford Bottom, Cambridge, CB22-3FB
- Clinic Tel no - 01223-675777
- Clinic fax no - 01223-723111
- Clinic email address - Email tracy.hancock@arhc.org.uk Or if PID tracy.hancock1@nhs.net
- Treatments available – FG-MLD/MLB/K-tape/ Exercise/ Skincare/Compression garments/IPC/LLL Support Group
- Cancer and Non-Cancers + Lipoedema/ Children. NHS patients only
- Clinic runs weekdays 9-5 NOT bank hols

19.Enfield

- Lead contact person - Teresa HILL
- Clinic address - Enfield Lymphoedema Service, Forest Primary Care Centre, 308a Hertford Road, Edmonton N9 7HD
- Clinic tel no - 0208 702 5870
- Clinic mobile no - 0208 702 6438
- Fax no- 0208 702 3158
- Clinic email address - Teresa.Hill@enfield.nhs.uk
- Treatments available - Hosiery, MLD, Coban 2 & Comprilan short-stretch bandaging, Kinesio tape
- Do you have a support group -No
- Cancer/non- cancer service? Yes
- Referral criteria and funding - Live in the Borough of Enfield or has a GP in Enfield

- Days/time of clinic - Mon to Friday clinic Forest Primary Care Centre, Cancer Clinic Thursday all day at Lancaster Centre, Maintenance Clinic weekly St Michaels wed pm, outreach clinic once a month at Bowes Road.

20. North West London (UCLH)

- Lead contact - Ms Kay Eaton, Nurse Consultant Cancer and Supportive Care
- Clinic address- Lymphoedema Service, University College London
- Hospital NHS Foundation Trust, Cancer Services, 1st Floor Central, 250
- Euston Road, London, NW1 2PG
- Telephone number - Clinic Co-ordinator: 020 3447 3925
- Fax no -020 3447 9055
- Treatments available
 - Intensive and long- term treatment , Skincare, Exercise, SLD, MLD, MLLB, Compression Garments, Kinesiology tape
- Do you have a support group - Not specifically for lymphoedema
- or paediatric lymphoedema but are involved with several cancer support groups and recommend the LSN
- Cancer/non- cancer service? - Cancer only for children and young people from the age of 13. Special arrangement for younger children.
- Referral criteria and funding - via healthcare professional for children and young people with GP registered in North West, North Central and North East London including West Essex, and those receiving treatment at UCLH. Local services will be sought where available.
- Days/time of clinic -Monday to Friday 9am -5pm. No specific paediatric lymphoedema clinics but arrangements for assessment and treatment in the Paediatric and Young Person's Oncology inpatient and Oncology day units
- where possible.

21. London (St Georges Hospital, Specialist Centre)

- Lead contact person – William Coleman (Clinic coordinator)
- Clinic address - Lymphoedema Clinic B, St Georges Hospital, Lanesborough Wing, Blackshaw Road, London SW17 0QT
- Clinic tel no – 0208 725 1784
- Fax no – 0208 725 5353
- Clinic email address – william.coleman@stgeorges.nhs.uk
- Treatments available – Long term and Intensive treatment : Hosiery, MLD, Coban 2 & Comprilan short-stretch bandaging, Kinesio tape.

- Support group - Children's website lymph4kidz.com/lisn/. We offer an education session 1st and 3rd Thursday of the month (but not paediatric specific)
- Cancer/non-cancer service? - Both
- Referrals accepted from any lymphoedema clinical therapist or hospital consultant (ie tertiary referral service).
- GP referrals accepted if patient is from the Wandsworth borough. We are in the process of amending the referral pathway to allow GPs to refer all paediatric patients.
- Days/time of clinic – Mon-Friday 08.30-19.30hrs Monday to Thursday. Fridays 08.30 to 16.30.
- Multidisciplinary (Lymphoedema/Genetics) consultant-led paediatric clinics are held three times per month.
- Other clinics:

1) Liposuction/Surgical Lymphoedema clinic for assessment of debulking "fatty lymphoedema" of a limb; and debulking of genital lymphoedema in females.

2) Urology-Lymphoedema clinic for debulking of genital lymphoedema in male patients (paediatric and adult).

22. Taunton

- Lead contact: Ali Batchelor, Lead Lymphoedema Nurse Specialist
- Address: St Margarets Hospice, Bishops Hull, Taunton TA1 5HA or St Margarets Hospice, Little Tarrat Lane, Yeovil BA20 2HU
- Phone: 0845 070 8910
- Email: CRC@st-margarets-hospice.org.uk
- Fax: 01823 345900
- Treatments: intensive treatment, maintenance, MLD, lymphoedema, hivamat, exercise class, swimming group
- Support group: yes
- Cancer and non cancer – Yes
- Funding and referral criteria: service fully funded by CCG; referrals accepted from all HCP but we do ask that our children are referred to St Georges for joint care
- Clinics run 5 days a week on both sites usually from 8-6 (may be some days that run 9-4 occasionally)
- Outreach clinics held twice a month at South Petherton, West Mendip and Burnham on Sea, monthly at Williton and every three months at Verrington

23. Torquay (Age 13 and above only)

- Lead contact person – Wendy Mason
- Clinic address- Torbay & South Devon NHS Foundation Trust Lymphoedema Service, Outpatient Center, Rowcroft Hospice, Avenue

Road, Torquay, Devon TQ2 5LS (Formally known as the Rowcroft Chronic Oedema Service)

- Clinic tel no – 01803 210830
- Clinic mobile no –N/A
- Fax no - 01803 299065
- Clinic email address - chronicoedema@rowcroft-hospice.org.uk
- Treatments available - Hosiery, Velcro wraps , MLB, MLD Kinesio tape, skincare, ICP, exercise/ Tripudio,
- Do you have a support group – no
- Cancer/non- cancer service? - All chronic oedema
- Referral criteria and funding – 13 years and above, South Devon GP or agreed CCG funding if out of area,
- Days/time of clinic –Monday to Friday 8.30-5pm

The service has recently transferred to the NHS and is likely to move venue and contact details during 2017 - If the listed details are not correct, please contact the Patient Advisory Service on 01803 355838 between 10 am – 4pm for up to date contact details for the Lymphoedema service.

24. Cornwall

- Lead contact – Emma Underwood
- Clinic address- Lymphoedema Clinic. Therapy Department, Princess Alexandra Wing, Royal Cornwall Hospital, Truro Cornwall TR1 3LJ
- Clinic tel no – 01872 252885
- Fax no -01872 253231
- Clinic email address –rch-tr.lymphoedema@nhs.net
- Website address:
<http://www.royalcornwall.nhs.uk/services/therapies/lymphoedema/>
- Treatments available -Long term and Intensive treatment - Hosiery, MLD, Coban 2 & Comprilan short-stretch bandaging, Kinesio tape
- Do you have a support group – Yes
- Cancer/non- cancer service? - All lymphoedema and chronic oedema
- Referral criteria and funding – via healthcare professional
- Days/time of clinic –Monday to Friday 8.00-4.00

Completed October 2014.

Review Date Nov 2018