

September 2023

LSN
THE LYMPHOEDEMA
SUPPORT NETWORK
because lymphoedema matters

IN TOUCH

LYMPHOEDEMA SUPPORT NETWORK

GETTING READY.....



Wishing huge luck to Big Half London Marathon Team LSN Sophie, Nate, Gareth, Tom, and Axie.

They will be running 13 miles from Tower Bridge to the Cutty Sark to raise much needed funds for the LSN on Sunday 3rd September.

Looking forward to seeing those of you who have booked for our AGM on September 6th at the National Army Museum. The AGM will be followed by a question and answer session with Professor Peter Mortimer and Dr Vaughan Keeley.



The LSN will be having an exhibition stand and participating in a session at the British Lymphology Society Conference at Chester Racecourse on the 2nd and 3rd of October. This is a great way to ensure the patient voice is heard by those health care professionals working within lymphoedema.

INFORMATION AND SUPPORT LINE

The LSN is here for you.
Contact us on

020 7351 4480

admin@lsn.org.uk

or via our Facebook page

FREE CHILD MEMBERSHIP

The LSN is delighted to be able to offer free membership to children and young people living with lymphoedema. This is funded by the British Association of Dermatologists.



LSN KEEPING BUSY

Much of the work that the LSN does is not directly visible to our membership but never the less is vital to fulfil our mission to represent, support and empower people living with or affected by lymphoedema.

This often necessitates the LSN supporting other organisations. Over the past weeks the LSN has been approached to review patient information produced by our colleagues in Breast Cancer Now to ensure it is accurate, reflects current ideas and is easy to understand. We have also assisted our friends in the British Lymphology Society with some information they have produced with LymphUnited and LWO about attending the first appointment at a lymphoedema clinic. We continue to work closely with the National Lymphoedema Partnership on work they are doing to try and assess the impact lymphoedema has on psychological and emotional wellness, with the Transforming Cancer Services London team on work they are doing to try and recruit more lymphoedema nurses into the profession and has supported National Voices on their "Vision for Primary Care" document. Although this work does mean our already small team is sometimes stretched even thinner, it is vital that the voice of lymphoedema is heard loud and clear and to slightly misquote Shakespeare "Though the LSN be but little it is fierce".

Changing school or starting school/college/University?

Don't forget we produce three packs of information designed for you to share with your child's school and out of school clubs. We have packs for pre-school, primary school and secondary school age groups as well as information specifically for young adults about to go on to further or higher education. The packs include information about what lymphoedema is, how it may affect your child's ability to participate in various National Curriculum activities, frequently asked questions and what to look out for in terms of cellulitis as well as some fun activity sheets for the younger ones. Just give the office a call and we will get one sent out to you.

To make a donation to support our work follow the link to the LSN Just Giving page.

JustGiving™

**The Lymphoedema Support
Network is a Charitable
Incorporated Organisation
registered in the UK
Reg No: 1193800**

www.lymphoedema.org

